

Mic Mac Amateur Aquatic Club Rowing: Cold-Water Rules

The on-water rowing year is broken into three classifications for water temperature:

RED	YELLOW	GREEN
water temperature is less than or equal to 10 degrees C	water temperature is 11-16 degrees C	water temperature is 17 degrees C or greater
A representative of the Rowing Steering Committee or Safety Sub-Committee will determine the active season, and can assist with interpretation and application of these rules.		

During a club-sanctioned rowing session Accompanied by a safety motor boat	RED	YELLOW	GREEN
Safety motor boat operator and rowers must comply with Rowing Canada Safety Guidelines.	✓	✓	✓
Safety motor boat operator must have current first aid certification and a Pleasure Craft Operators Card, and have access to a sleeping bag and/or survival blanket.	✓	✓	✓
Safety motor boat operator and rowers must wear clothing appropriate for the conditions.	✓	✓	✓
Only rowers with at least one year of on-water rowing experience (May through October) may row. Exceptions to this rule will be reviewed by a representative of the Safety Sub-Committee, in consultation with program coach(es).	✓	✓	
Rowers must stay within 250 meters of safety motor boat.	✓		

Not during a club-sanctioned rowing session Not accompanied by a safety motor boat	RED	YELLOW	GREEN
Rowers must comply with Rowing Canada Safety Guidelines.	✓	✓	✓
Use of club-owned rowing equipment is not permitted outside of club-sanctioned rowing sessions.	✓	✓	✓
Use of privately-owned rowing equipment is not permitted outside of club-sanctioned rowing sessions.	✓		
When using privately-owned rowing equipment, at least two rowing shells must be on the water, and all shells must stay within 100 meters of each other.	N/A	✓	
Users of privately-owned rowing equipment must follow requirements as outlined in the Private Equipment Owners Agreement.	✓	✓	✓